# **MATERIAL PALETTE**

**RED GRAVEL** MYALL CREEK MASSACRE MEMORIAL



WHITE GRAVEL MYALL CREEK MASSACRE MEMORIAL



**LOCAL GRAVEL AND GRASS** NATURAL PATH, BINGARA



**LOCAL SOIL AND GRASS** NATURAL PATH, BINGARA



**EUCALYPTUS LARGIFLORENS** 



# **PLANT PALETTE & REFERENCE FILES**

**BANKSIA INTEGRIFOLIA** HONEYSUCKLE BANKSIA



PERSOONIA SERICEA

SILKY GEEBUNG

**#02 DODONAEA MILL** HOP BUSH



**#07** SANTALUM ACUMINATUM QUANDONG



#03 EREMOPHILA LONGIFOLIA **EMU BUSH** 



HARDENBERGIA FALSE SARSPARILLA



**#04** MELALEUCA BRACTEATA BLACK TEA TREE HONEY MYRTLE



**#09 DANIELLA REVOLUTA** 



NATIVE BLACK BOX, BINGARA



**#05** MELALEUCA UNCINATA **BROOM BRUSH** 



**#10** MENTHA DIEMENICA SPRENG NATIVE MINT



#### BANKSIA INTEGRIFOLIA L.F.

**GENUS SPECIES** FAMILY

COMMON NAME/S LANGUAGE NAME

SIZE HEIGHT SPREAD

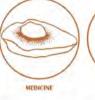
**PLANT ORIGIN GWYDIR REGION** 

SELECTION RATING





PHOTOGRAPHIC IMAGES





BANKSIA

**PROTEACEAE** 

IN CULTIVATION

10-12M

AUSTRALIA

6-8M

BANKSIA INTEGRIFOLIA

HONEYSUCKLE BANKSIA

DHIINAA (GAMILARAAY, YUWALARAAY,

YUWALAYAAY) THIINAA (GAMILARAAY)

EASTERN & NORTHERN EDGES OF THE

**BORDER RIVERS & GWYDIR CATCHMENTS** 

IN WILD

20CM LEAVES

5-25M





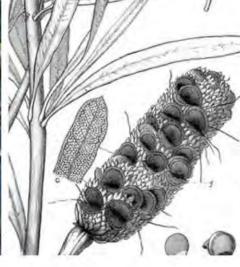


#### **DIAGNOSTIC DETAILS**









#### CHARACTERISTICS

EVERGREEN FOLIAGE COLOUR: GREEN FLOWERING PLANT CONSPICUOUS FEATURES FL SEASON: JAN-JULY FLOWER COLOUR: YELLOW BARK TYPE/COLOUR: BROWN SHRUB PERENNIAL EDIBLE FRUIT/FOLIAGE/OTHER PERFUMED FLOWERS/LEAVES PLANT ORIGIN

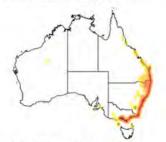
#### **TOLERANCES**

FULL SUN ASPECT PART SUN/SHADE ASPECT WIND

SALT (SOIL/AIRBORN) FROST

DRY/DROUGHT

ACIDITY SOIL (LESS THAN 6.5) LOW WATER NEEDS



#### **DESIGN USEFULNESS**

DELICIOUS NECTAR SUCKED FROM FLOWERS OR SOAKED IN WATER TO MAKE CORDIAL. WOODEN TOOLS WERE MADE FROM THE BRANCHES TO WEAVE BASKETS AND MATS. WOODY CONES WERE LIT ON FIRE AND USED TO CARRY FIRE BETWEEN CAMPSITES. ATTRACTS BIRDS, POSSUMS & INSECTS.

#### SOURCES

Government, A. (2015). Banksia integrifolia L.f. Retrieved from The Atlas of Living Australia: http://bie.ala.org.au/species/urn:lsid:biodiversity.org.au:apni.taxon:248153#

Government, A. (2015). Banksia integrifolia L.f. Retrieved from The Atlas of Living Australia: http://bie.ala.org.au/species/urn:lsid:biodiversity.org.au:apni.taxon:248153#

McKemey, M. and White, H 2011, Bush Tucker, Boomerangs and Bandages: Traditional Aboriginal Plant Use in the Border Rivers and Gwydir Catchments, Border Rivers-Gwydir Catchment Management Authority, New South Wales.

#### #02

#### DODONAEA MILL.

**GENUS SPECIES FAMILY** COMMON NAME/S LANGUAGE NAME

DODONAEA DODONAEA LANCEOLATA SAPINDACEAE HOP BUSH YIILAY (YUWAALARAAY, YUWAALAYAAY)

IN CULTIVATION

SIZE **HEIGHT** SPREAD

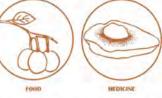
**GWYDIR REGION** 

# **AUSTRALIA**

1-3M

**OPEN FOREST & WOODLANDS ACROSS BORDER RIVERS & GWYDIR CATCHMENTS** 

#### SELECTION RATING



PHOTOGRAPHIC IMAGES









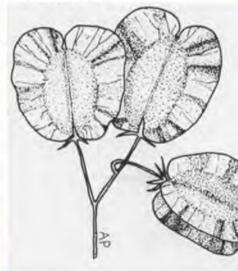
IN WILD

M8

#### **DIAGNOSTIC DETAILS**









#### CHARACTERISTICS

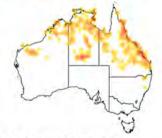
EVERGREEN FOLIAGE COLOUR: GREEN FLOWERING PLANT CONSPICUOUS FEATURES FL SEASON: WINTER-SUMMER FLOWER COLOUR: RED BARK TYPE/COLOUR: BROWN SHRUB PERENNIAL EDIBLE FRUIT/FOLIAGE/OTHER PERFUMED FLOWERS/LEAVES

#### **TOLERANCES**

PART SUN/SHADE ASPECT SHADE ASPECT FROST

DRY/DROUGHT WELL DRAINED SOIL ACIDITY SOIL (LESS THAN 6.5) ALKALINITY IN SOIL (ABOVE 7.5)

## LOW WATER NEEDS

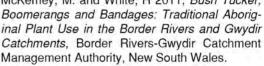


#### **DESIGN USEFULNESS**

THE SMOKE PRODUCED BURNING THIS PLANT WAS USED TO RELIEVE PAIN. IT WAS ALSO USED IN SMOKING CEREMONIES FOR BABIES. ROOTS WERE BEATEN INTO A PASTE & APPLIED TO WOUNDS FOR HEALING, THIS PASTE CAN ALSO TREAT SNAKE BITES & BOILED ROOTS WERE ALSO USED TO HEAL CUTS & TOOTHACHES.

#### SOURCES

Goverment, A. (2015). Dodonaea lanceolata F.Muell. Retrieved from The Atlas of Living Australia: http://bie.ala.org.au/species/urn:lsid:biodiversity.org.au:apni.taxon:83095 Government, A. (2015). Dodonaea viscosa Fact Sheet. Retrieved from Florabank: https://www.florabank.org.au/lucid/key/Species%20Navigator/ Media/Html/Dodonaea\_viscosa.htm McKemey, M. and White, H 2011, Bush Tucker, Boomerangs and Bandages: Traditional Aborig-



#### **EREMOPHILA LONGIFOLIA F.MUELL.**

**GENUS SPECIES** FAMILY

COMMON NAME/S LANGUAGE NAME

SIZE HEIGHT SPREAD

**PLANT ORIGIN GWYDIR REGION** 

IN WILD IN CULTIVATION 2-5M 8M

20CM LEAVES

**AUSTRALIA** 

**EREMOPHILA** 

**EMU BUSH** 

**EREMOPHILA LONGIFOLIA** 

NGAWIL (YUWAALARAAY)

**SCROPHULARIACEAE** 

WOODLANDS & SHRUBLANDS, WESTERN BORDER RIVERS & GWYDIR CATCHMENTS

**DIAGNOSTIC DETAILS** 

#### CHARACTERISTICS

**EVERGREEN** FOLIAGE COLOUR: GREEN FLOWERING PLANT

CONSPICUOUS FEATURES FL SEASON: ALL YEAR IN NSW LANGUAGE NAME

FLOWER COLOUR: RED BARK TYPE/COLOUR: BROWN

SMALL TREE SHRUB

PERENNIAL ■ EDIBLE FRUIT/FOLIAGE/OTHER PERFUMED FLOWERS/LEAVES

# MELALEUCA BRACTEATA F.MUELL.

**GENUS MELALEUCA SPECIES MYRTACEAE** FAMILY COMMON NAME/S

SIZE HEIGHT SPREAD

#04

PLANT ORIGIN **GWYDIR REGION**  MELALEUCA BRACTEATA BLACK TEA TREE/ HONEY MYRTLE NGUU (YUWAALARAAY, YUWAALAYAAY)

IN CULTIVATION

IN WILD 5-15M 2CM LEAVES

**AUSTRALIA** THROUGHOUT BORDER RIVERS & GWYDIR CATCHMENTS

## **CHARACTERISTICS**

EVERGREEN FOLIAGE COLOUR: GREEN FLOWERING PLANT

CONSPICUOUS FEATURES FLOWERING SEASON: SUMMER

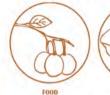
FLOWER COLOUR: WHITE BARK TYPE/COLOUR: BROWN

SHRUB

PERENNIAL EDIBLE FRUIT/FOLIAGE/OTHER

PERFUMED FLOWERS/LEAVES

#### SELECTION RATING





PHOTOGRAPHIC IMAGES







**TOLERANCES** 

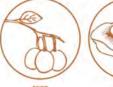
FULL SUN ASPECT PART SUN/SHADE ASPECT

WINDBREAK FROST

DRY/DROUGHT WELL DRAINED SOIL

LOW WATER NEEDS

SELECTION RATING









**DIAGNOSTIC DETAILS** 

**TOLERANCES** 

PART SUN/SHADE ASPECT

WINDBREAK

MINIMAL FROST

MODERATE DRY/DROUGHT

WELL DRAINED SOIL

ACIDITY SOIL (LESS THAN 6.5) ALKALINITY IN SOIL (ABOVE 7.5)

LOW WATER NEEDS









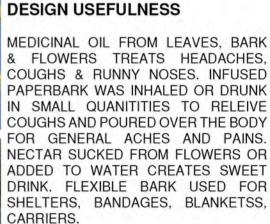
















## SOURCES

Government, A. (2015). Melaleuca bracteata F.Muell. Retrieved from The Atlas of Living Australia: http://bie.ala.org.au/species/ Melaleuca+bracteata#v

McKemey, M. and White, H 2011, Bush Tucker, Boomerangs and Bandages: Traditional Aboriginal Plant Use in the Border Rivers and Gwydir Catchments, Border Rivers-Gwydir Catchment Management Authority, New South Wales.

Fact Sheet. Retrieved from Florabank: https:// www.florabank.org.au/lucid/key/Species%20 Navigator/Media/Html/Eremophila longifolia.

McKemey, M. and White, H 2011, Bush Tucker, Boomerangs and Bandages: Traditional Aboriginal Plant Use in the Border Rivers and Gwydir Catchments, Border Rivers-Gwydir Catchment Management Authority, New South Wales.







DECOCTION LOTION MADE TO WASH SORES AND TAKEN INTERNALLY TO TREAT COLDS. TREATS SKIN PROBLEMS AND STOMACH ULCERS. BRUISED LEAVES ARE ALSO USED TO TAN WALLABY SKINS. EDIBLE FRUITS CONTRIBUTE TO THE TRADITIONAL INDIGENOUS AUSTRALIAN DIET AND ARE FAVOURED BY EMUS.

### SOURCES

Government, A. (2015). Eremophila longifolia

#### MELALEUCA UNCINATA R.BR.

**GENUS MELALEUCA SPECIES** MELALEUCA UNCINATA FAMILY MYRTACEAE COMMON NAME/S **BROOM BRUSH** 

LANGUAGE NAME BIIBAYA (YUWAALARAAY)

SIZE HEIGHT SPREAD

**PLANT ORIGIN AUSTRALIA** 

**GWYDIR REGIONS** WOODLAND & FOREST IN WESTERN BORDER RIVERS & GWYDIR CATCHMENTS

IN CULTIVATION

#### SELECTION RATING











IN WILD

1-4M

PHOTOGRAPHIC IMAGES











#### CHARACTERISTICS

EVERGREEN FOLIAGE COLOUR: GREEN FLOWERING PLANT CONSPICUOUS FEATURES FLOWERING SEASON: SPRING LANGUAGE NAME FLOWER COLOUR: YELLOW BARK TYPE/COLOUR: BROWN SHRUB PERENNIAL

EDIBLE FRUIT/FOLIAGE/OTHER PLANT ORIGIN PERFUMED FLOWERS/LEAVES GWYDIR REGION

PART SUN/SHADE ASPECT

MODERATE DRY/DROUGHT

ALKALINITY IN SOIL (ABOVE 7.5)

**TOLERANCES** 

FULL SUN ASPECT

MODERATE FROST

LOW WATER NEEDS

MEDIUM WATER NEEDS

MOIST SOIL

**GENUS SPECIES** FAMILY COMMON NAME/S

HEIGHT SPREAD

#06

#### PERSOONIA SERICEA A.CUNN.

**PERSOONIA** PERSOONIA SERICEA **PROTEACEAE** SILKY GEEBUNG **IWAYNTA (NGANYAYWANA)** 

IN CULTIVATION

2CM LEAVES

IN WILD

**AUSTRALIA** WOODLAND & FOREST THROUGHOUT BORDER RIVERS & GWYDIR CATCHMENTS

DIAGNOSTIC DETAILS

## SELECTION RATING



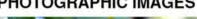


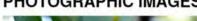




CEREMONIAL SPIRITUAL DECORATION & SPECIAL USE

#### PHOTOGRAPHIC IMAGES













#### CHARACTERISTICS

EVERGREEN FOLIAGE COLOUR: GREEN FLOWERING PLANT CONSPICUOUS FEATURES FLOWERING SEASON: FLOWER COLOUR: YELLOW BARK TYPE/COLOUR: BROWN SHRUB PERENNIAL

# **TOLERANCES**

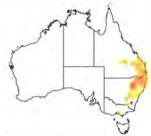
FULL SUN ASPECT PART SUN/SHADE ASPECT WIND FROST

EDIBLE FRUIT/FOLIAGE/OTHER

PERFUMED FLOWERS/LEAVES

DRY/DROUGHT WELL DRAINED SOIL LOW WATER NEEDS

MEDIUM WATER NEEDS



#### **DESIGN USEFULNESS**

SOFT FRUIT IS DELICIOUS TO CHEW TASTING LIKE 'SWEET COTTON WOOL'. ROASTED AND MIXED WITH OTHER PLANTS IT IS A SUFFICIENT MEAL IN A TRADITIONAL INDIGENOUS DIET. DYE FOR BASKETS AND WOVEN IMPLEMENTS. INNER WOOD USED AS EYEWASH TO HEAL CONJUNCTIVITIS. UNRIPE FRUIT HEALS BURNS, SCRATCHES & RASHES. THIS SHRUB HAS SIGNIFICANT SPIRITUAL MEANING CONSIDERED TO BE 'MAGIC'.

#### SOURCES

Government, A. (2015). Persoonia sericea A.Cunn. ex R.Br. Retrieved from The Atlas of Living Australia: http://bie.ala.org.au/ species/urn:lsid:biodiversity.org.au:apni. taxon:291963#

McKemey, M. and White, H 2011, Bush Tucker, Boomerangs and Bandages: Traditional Aboriginal Plant Use in the Border Rivers and Gwydir Catchments, Border Rivers-Gwydir Catchment Management Authority, New South Wales.



#### **DESIGN USEFULNESS**

LEAVES PROVIDED BROOMS & BRANCHES USED FOR FENCES. PAPER BARK WRAPPED MEAT FOR COOKING & PLATES & USED AS BANDAGES. SHELTER & BLANKETS. CRUSHED TO OIL & CHEWERED OR POUNDED MIXED WITH WATER TREATS COLDS, RESPIRATORY ISSUES & HEADACHES. INHALING THE STEAM FROM BOILING OR BURNING THE LEAVES ALSO PROVIDES RELIEF FROM COLDS, FLU AND SINUSITIS.

#### SOURCES

Government, A. (2015). Melaleuca uncinata R.Br. Retrieved from The Atlas of Living Australia: http://bie.ala.org.au/species/urn%3Alsid%3Abiodiversity.org.au%3Aapni.taxon%3A451248#

McKemey, M. and White, H 2011, Bush Tucker, Boomerangs and Bandages: Traditional Aboriginal Plant Use in the Border Rivers and Gwydir Catchments, Border Rivers-Gwydir Catchment Management Authority, New South Wales.

#07

#### **SANTALUM ACUMINATUM**

**GENUS SPECIES** FAMILY

COMMON NAME/S LANGUAGE NAME

SIZE **HEIGHT** SPREAD

PLANT ORIGIN **GWYDIR REGION** 







PHOTOGRAPHIC IMAGES



SANTALUM

SANTALACEAE

YUWAALAYAAY)

IN CULTIVATION

AUSTRALIA

QUANDONG

SANTALUM ACUMINATUM





WOODLAND IN CENTRAL & WESTERN

BORDER RIVERS & GWYDIR CATCHMENT

#### **DIAGNOSTIC DETAILS**

IN WILD

2.5CM FRUIT

6M







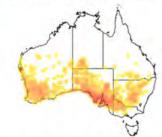


#### CHARACTERISTICS

**EVERGREEN** FOLIAGE COLOUR: GREEN FLOWERING PLANT CONSPICUOUS FEATURES GUWADHAA (GAMILARAAY, YUWAALARAAY, FL SEASON: OCT - MAR FLOWER COLOUR: RED BARK TYPE/COLOUR: BROWN SMALL TREE PERENNIEL EDIBLE FRUIT/FOLIAGE/OTHER PLANT ORIGIN

#### **TOLERANCES** FULL SUN ASPECT

PART SUN/SHADE ASPECT SALT (SOIL/AIRBORN) FROST (0-5 DEGREES) DRY/DROUGHT WELL DRAINED SOIL ACIDITY SOIL (LESS THAN 6.5) ALKALINITY IN SOIL (ABOVE 7.5) LOW WATER NEEDS



#### **DESIGN USEFULNESS**

A SIGNIFICANT PART OF THE TRADITIONAL INDIGENOUS DIET, DELICIOUS & HIGH IN VITAMIN C. BUSH TUCKER & POPULAR EUROPEAN FOODS SUCH AS JAMS, CHUTNEY, SAUCE, JELLY & PIES, KERNALS POUNDED & MIXED WITH GREASE WERE APPLIED AS A SKIN TREATMENT. KERNALS CAN ALSO BE USED TO MAKE NECKLACES, ANKLETS AND DECORATIVE CEREMONIAL ITEMS WITH EMU FEATHERS.

#### SOURCES

Wales.

Government, A. (2015). Santalum acuminatum (R.Br.) A.DC. Retrieved from The Atlas of Living Australia: http://bie.ala.org.au/species/ Santalum+acuminatum# McKemey, M. and White, H 2011, Bush Tucker, Boomerangs and Bandages: Traditional Aboriginal Plant Use in the Border Rivers and Gwydir Catchments, Border Rivers-Gwydir Catchment Management Authority, New South

#### #08

#### HARDENBERGIA VIOLACEA

**GENUS SPECIES** FAMILY COMMON NAME/S LANGUAGE NAME

SIZE HEIGHT SPREAD

**GWYDIR REGION** 

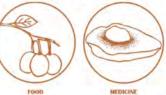
**HARDENBERGIA** HARDENBERGIA VIOLACEA FABACEAE **FALSE SARSPARILLA** UNKNOWN

IN CULTIVATION

IN WILD CLIMBER 4.5CM PODS

**AUSTRALIA** WIDESPREAD IN A VARIETY OF HABITATS BORDER RIVERS & GWYDIR CATCHMENTS

#### SELECTION RATING



PHOTOGRAPHIC IMAGES







# **DIAGNOSTIC DETAILS**









#### **CHARACTERISTICS**

EVERGREEN VINE

FOLIAGE COLOUR: GREEN FLOWERING PLANT CONSPICUOUS FEATURES FL SEASON: WINTER-SPRING FLOWER COLOUR: PURPLE BARK TYPE/COLOUR: BROWN PERENNIAL CLIMBER EDIBLE FRUIT/FOLIAGE/OTHER PERFUMED FLOWERS/LEAVES

#### **TOLERANCES**

FULL SUN ASPECT PART SUN/SHADE ASPECT FROST (0-5 DEGREES) MODERATE DRY/DROUGHT WELL DRAINED SOIL ACIDITY SOIL (LESS THAN 6.5) LOW WATER NEEDS MEDIUM WATER NEEDS



#### **DESIGN USEFULNESS**

A COMMON INDIGENOUS FOOD SOURCE. FLOWERS WERE USED FOR MEDICINAL TREATMENTS FOR CHEST INFECTIONS & MOUTH ULCERS. THE STEMS WERE USED AS ROPE OR STRING TO MAKE BASKETS, FLOWERS ATTRACT WILDLIFE & INDICATE TIME TO CATCH FISH IN THE RIVERS & LAKES.

#### SOURCES

Government, A. (2015). Hardenbergia violacea (Schneev.) Stearn. Retrieved from The Atlas of Living Australia: http://bie.ala.org.au/species/ urn:lsid:biodiversity.org.au:apni.taxon:697479# Government, A. (2015). Hardenbergia violacea Fact Sheet. Retrieved from Florabank: https:// www.florabank.org.au/lucid/key/Species%20 Navigator/Media/Html/Hardenbergia violacea.

McKemey, M. and White, H 2011, Bush Tucker, Boomerangs and Bandages: Traditional Aboriginal Plant Use in the Border Rivers and Gwydir Catchments, Border Rivers-Gwydir Catchment Management Authority, New South Wales.

#### #09

#### DIANELLA REVOLUTA R.BR.

**GENUS** DIANELLA **SPECIES** DIANELLA REVOLUTA HEMEROCALLIDACEAE FAMILY COMMON NAME/S FLAX LILY

LANGUAGE NAME

SIZE HEIGHT SPREAD

**PLANT ORIGIN GWYDIR REGION** 

AUSTRALIA UNMAINTAINED AREAS OF THE BORDER **RIVERS & GWYDER CATCHMENTS** 

#### **SELECTION RATING**





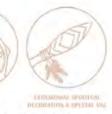
PHOTOGRAPHIC IMAGES



UNKNOWN

IN CULTIVATION





IN WILD

**CLUMBING** 

## **DIAGNOSTIC DETAILS**





# **DESIGN USEFULNESS** PURPLE FRUITS WERE USED TO MAKE

CHARACTERISTICS

EVERGREEN

GRASS / HERB

**TOLERANCES** 

SHADE ASPECT

DRY/DROUGHT

MOIST SOIL

WELL DRAINED SOIL

LOW WATER NEEDS

MEDIUM WATER NEEDS

ANNUAL

**FROST** 

FOLIAGE COLOUR: GREEN

CONSPICUOUS FEATURES

FLOWER COLOUR: PURPLE

PART SUN/SHADE ASPECT

FLOWERING PLANT

DYE. LEAVES MADE IN TO TEA & USED TO WEAVE BASKETS, DILLY BAGS & OTHER IMPLEMENTS. THE FRUITS AND ROOTS OF THIS PLANT WERE ALSO EATEN AT TIMES.

#### SOURCES

Government, A. (2015). Dianella revoluta R.Br. Retrieved from The Atlas of Living Australia: http://bie.ala.org.au/species/ Dianella+revoluta

McKemey, M. and White, H 2011, Bush Tucker, Boomerangs and Bandages: Traditional Aboriginal Plant Use in the Border Rivers and Gwydir Catchments, Border Rivers-Gwydir Catchment Management Authority, New South

#### #10

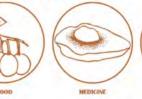
#### MENTHA DIEMENICA SPRENG.

**GENUS SPECIES** FAMILY COMMON NAME/S FL SEASON: SPRING-SUMMER LANGUAGE NAME

SIZE EDIBLE FRUIT/FOLIAGE/OTHER HEIGHT SPREAD

> **PLANT ORIGIN GWYDIR REGION**

#### SELECTION RATING



PHOTOGRAPHIC IMAGES





**AUSTRALIA** 

**MENTHA** 

LAMIACEAE

IN CULTIVATION

MENTHA DIEMENICA



NATIVE PENNYROYAL, NATIVE MINT

(YUWAALARAAY, YUWAALAYAAY)

BUUYBUUY (GAMILARAAY) NGAWINGAWI

IN WILD

**SPRAWLING** 

15CM



VARIOUS HABITATS THROUGHOUT THE

BORDER RIVERS & GWYDIR CATCHMENTS

#### **DIAGNOSTIC DETAILS**







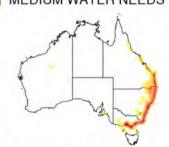
# **CHARACTERISTICS**

EVERGREEN FOLIAGE COLOUR: GREEN FLOWERING PLANT CONSPICUOUS FEATURES FL SEASON: LATE SPRING - SUM FLOWER COLOUR: PURPLE GROUND COVER PERENNIAL

EDIBLE FRUIT/FOLIAGE/OTHER PERFUMED FLOWERS/LEAVES

#### **TOLERANCES**

FULL SUN ASPECT PART SUN/SHADE ASPECT SHADE ASPECT SALT (SOIL/AIRBORN) FROST WELL DRAINED SOIL MOIST SOIL LOW WATER NEEDS MEDIUM WATER NEEDS



#### **DESIGN USEFULNESS**

PLACED IN BUNCHES AROUND FLOORS & BEDS THIS PLANT WAS USED AS AN INSECT REPELLENT. IT WAS ALSO INFUSED TO MAKE TEA TO FOR HEALING BENEFITS SUCH AS PURIFYING BLOOD & HELPING WOMEN WITH MENSTRAL PERIODS. BUNCHES OF THIS PLANT WERE ALSO OFTEN HEAPED INTO A PILLOW TO HELP SLEEPLESSNESS.



Government, A. (2015). Mentha diemenica Spreng. Retrieved from The Atlas of Living Australia: http://bie.ala.org.au/species/urn:lsid:biodiversity.org.au:apni.taxon:524377# McKemey, M. and White, H 2011, Bush Tucker, Boomerangs and Bandages: Traditional Aboriginal Plant Use in the Border Rivers and Gwydir Catchments, Border Rivers-Gwydir Catchment Management Authority, New South Wales.

